



Safe Sleep Checklist

- 1.** Has the product been recalled?
- 2.** Has it been tested to meet mandatory safety standards?
- 3.** Does it have extra padding, soft surfaces, heavy coverings?
- 4.** Does the marketing imply that sleeping on the tummy or sleeping with others is safe? Does it say that it prevents SIDS or other health issues? Does it recommend not to leave the baby unattended even when sleeping?
- 5.** Does it go against the American Academy of Pediatrics (AAP) **ABC's** of safe sleep?
Alone, on **B**ack, in a bare **C**rib?
- 6.** Does it have restraints or cords and is intended for sleep?
- 7.** Does it monitor baby vital signs?
- 8.** Does it add additional products to a sleep environment?

Look for answers on the back! →



- 1. NO.** One to two children's products are **recalled** a week. Check your products for recalls at **CPSC.gov**.
- 2. YES.** Danny's Law requires **strong standards** for infant and toddler durable products such as cribs, bassinets and play yards. Use products that meet those standards.
- 3. NO. Soft is NOT safe** - it is dangerous when it comes to a baby's sleep environment. No bumpers, extra padding, pillows, or blankets.
- 4. NO.** Babies sleep **safest on their backs**. Any sleep surface should be tested to a strict safety standard and be safe for unattended sleep. No product can claim to reduce the chance of SIDS. The only preventative measure is following the **AAP's safe sleep guidelines**.
- 5. NO.** These are what is currently accepted as best safe sleep practices — **Alone**, on **Back**, and in a **Crib**.
- 6. NO.** Restraints and cords both pose a **strangulation risk** to babies.
- 7. NO.** These should be used **only** under a doctor's care. Though these products are designed to put parents' worries at ease, adding untested, unproven products into baby's sleep space could pose hidden hazards.
- 8. NO.** The **A** of **ABC** stands for **Alone**, as in baby should be alone in the crib, play yard, or bassinet and no other products should be in the sleep space with them.

Learn more at www.KidsInDanger.org



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