



Family Safety Activity Book



Fighting for Product Safety



KID is a nonprofit organization dedicated to protecting children by fighting for product safety. Our mission is to save lives by enhancing transparency and accountability through safer product development, better education and stronger advocacy for children.



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This activity book is for the whole family, to learn about safety while having fun. ENJOY!



Safe Sleep



Choking Hazards



Bike and Helmet Safety



Pool Safety

ABC's of Safe Sleep



Baby is **A**lone and has their own separate sleep space from adults and children.



Baby is placed to sleep on their **B**ack



Baby sleeps in a **C**rib, play yard or bassinet that meets the federal safety standard.

ABC's of Safe Sleep



Do this activity with an adult!

FILL IN THE BLANK

Baby is _____ and has their own separate sleep space

Baby is placed to sleep on their _____

Baby sleeps in a _____,
play yard or bassinet
that meets the federal safety standard

ABC's of Safe Sleep



WORD SEARCH

F S A F E I B A B Y J
P L A Y Y A R D A U V
G A L O N E S V C S H
X I C R I B J L K L Q
S T A N D A R D L E L
E P A R A T E N D E F
L B S N O I Y Z A P D

WORD BANK

Standard	Bassinet	Alone	Sleep
Separate	Safe	Back	Crib
	Play Yard		Baby

ABC's of Safe Sleep



What are the **ABC's** of Safe Sleep?

A _____ **B** _____ **C** _____

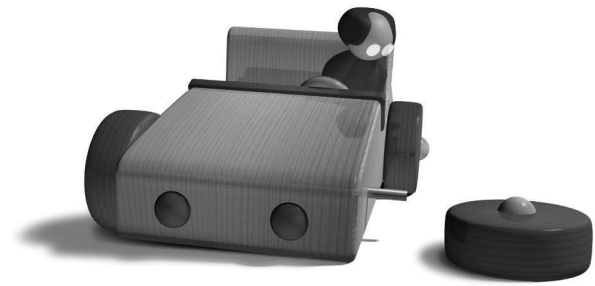
Safe Sleep Tip:

Baby is alone and has their own separate sleep space

CIRCLE ALL THE UNSAFE ITEMS INSIDE THE CRIB:



Choking and Ingestion Hazards



Watch for **parts that might break off a larger toy** and present a choking hazard.

Tiny powerful magnets damage internal organs if swallowed by attracting across tissues. Keep them out of homes with small children.

Button batteries can easily be swallowed and cause serious damage to the esophagus and gastrointestinal tract. If your child ingests a button battery, seek medical attention immediately.



Uninflated or broken balloons and pieces can cut off the respiratory air ways if swallowed. Keep uninflated or broken balloons away from children under age eight.

If you suspect that a child has been exposed to a potentially harmful substance call POISON CONTROL at 1-800-222-1222. No issue or question is too big or too small, and they are open 24/7.

Choking and Ingestion Hazards

Find the hazards!

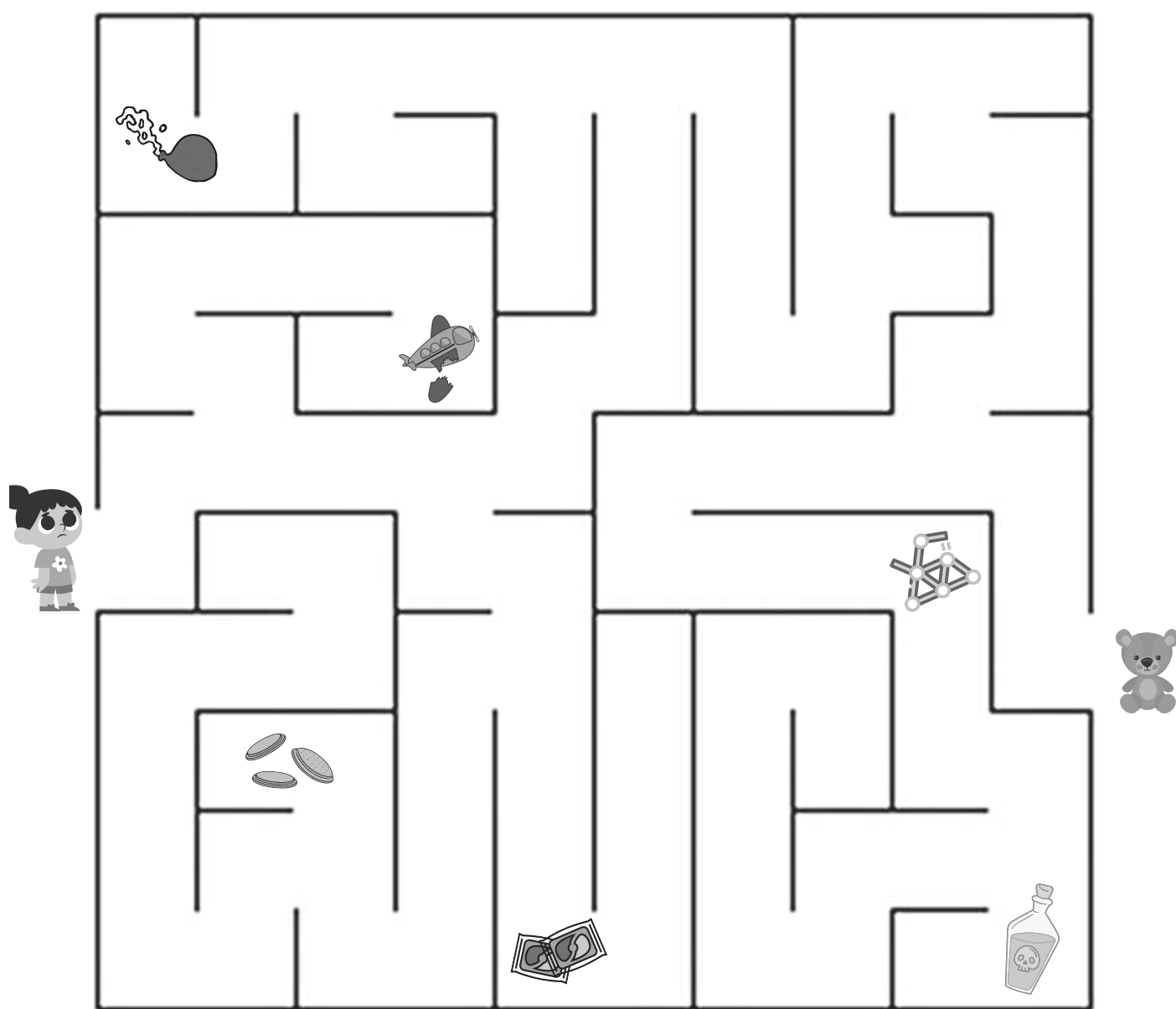
COUNT HOW MANY HAZARDS YOU CAN FIND



Choking and Ingestion Hazards

AVOID THE HAZARDS!

GET TO THE END OF THE MAZE SAFELY!



Choking and Ingestion Hazards



Do this activity with an adult!

ACTIVITY:

Ask an adult for
an empty toilet paper tube
and test your toys!

**Anything that fits in the tube
is too small for a child under age three.**





Pool Safety Tips

Keep ladders, patio furniture, and toys away from above ground pools to avoid attracting children and to **prevent access.**

Personal flotation devices do not replace adult supervision and may give a false sense of security in pools. But **these should always be worn around open water and in boats.**

All pools, including above ground pools, **should be fenced on all sides.** When the pool is not in use, **lock or remove the ladders to prevent access to children**

Pool Safety Tips

ANSWER THESE QUESTIONS:

How high should a pool fence be?

- ☐ A At least 2 feet ☐ B At least 4 feet

A pool fence should...

- ☐ A Surround all four sides of the pool
☐ B Allow children to access the pool without adult supervision

Personal flotation devices can replace adult supervision

- ☐ A True ☐ B False

Above ground pools should be fenced

- ☐ A True ☐ B False

Water has to be above a toddlers head for them to drown

- ☐ A True ☐ B False

It's safe to play around drains and covers

- ☐ A True ☐ B False

Answers: 1-A, 2-A, 3-B, 4-A, 5-B, 6-B

Pool Safety Tips

WORD SEARCH

R	S	S	P	N	R	N	M	R	C	O	N	L	N
S	U	A	E	R	E	O	C	L	P	R	E	A	D
A	P	F	V	I	T	I	L	I	T	Y	U	D	E
S	E	E	Y	W	A	T	O	R	S	P	S	D	L
E	R	T	E	O	W	A	P	L	W	S	M	E	R
C	V	Y	Y	M	U	T	U	D	I	I	C	R	S
U	I	A	U	N	O	O	F	R	M	R	P	S	A
R	S	Y	M	E	I	L	R	F	M	T	U	O	M
I	I	R	A	S	R	F	O	L	M	R	T	Y	S
T	O	S	E	Y	O	S	R	I	O	T	O	Y	L
Y	N	R	U	Y	S	U	Y	R	N	R	U	O	O
T	E	S	N	Y	S	U	M	M	E	R	O	A	O
O	O	N	O	A	R	Y	E	O	A	L	E	E	P
T	T	T	E	I	S	E	T	R	A	T	O	S	E

WORD BANK

Water
Safety

Ladder
Supervision
Summer

Security
Pool
Flotation

Swim
Toys

Bike and Helmet Safety

ALWAYS WEAR A HELMET WHEN RIDING A BIKE!

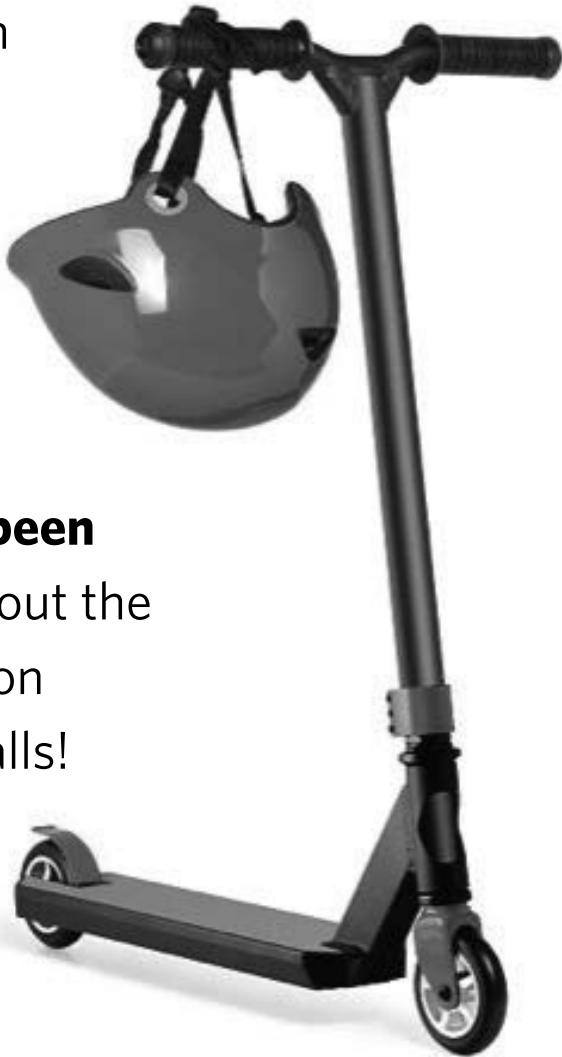
Research has shown that **wearing a bike helmet reduces the risk of a head injury by 85%!**

Replace any helmet that is damaged or that has been involved in a crash.

Younger children are more likely than older children to wear helmet.

Encouraging good helmet use is essential to ensure people of all ages are protected against bicycle-related head injuries.

Avoid helmets and bikes that have been recalled due to safety issues. Check out the Consumer Product Safety Commission at **CPSC.gov/recalls** for product recalls!





Bike and Helmet Safety

**BE SAFE IN STYLE!
DESIGN YOUR OWN HELMET!**

Bike and Helmet Safety

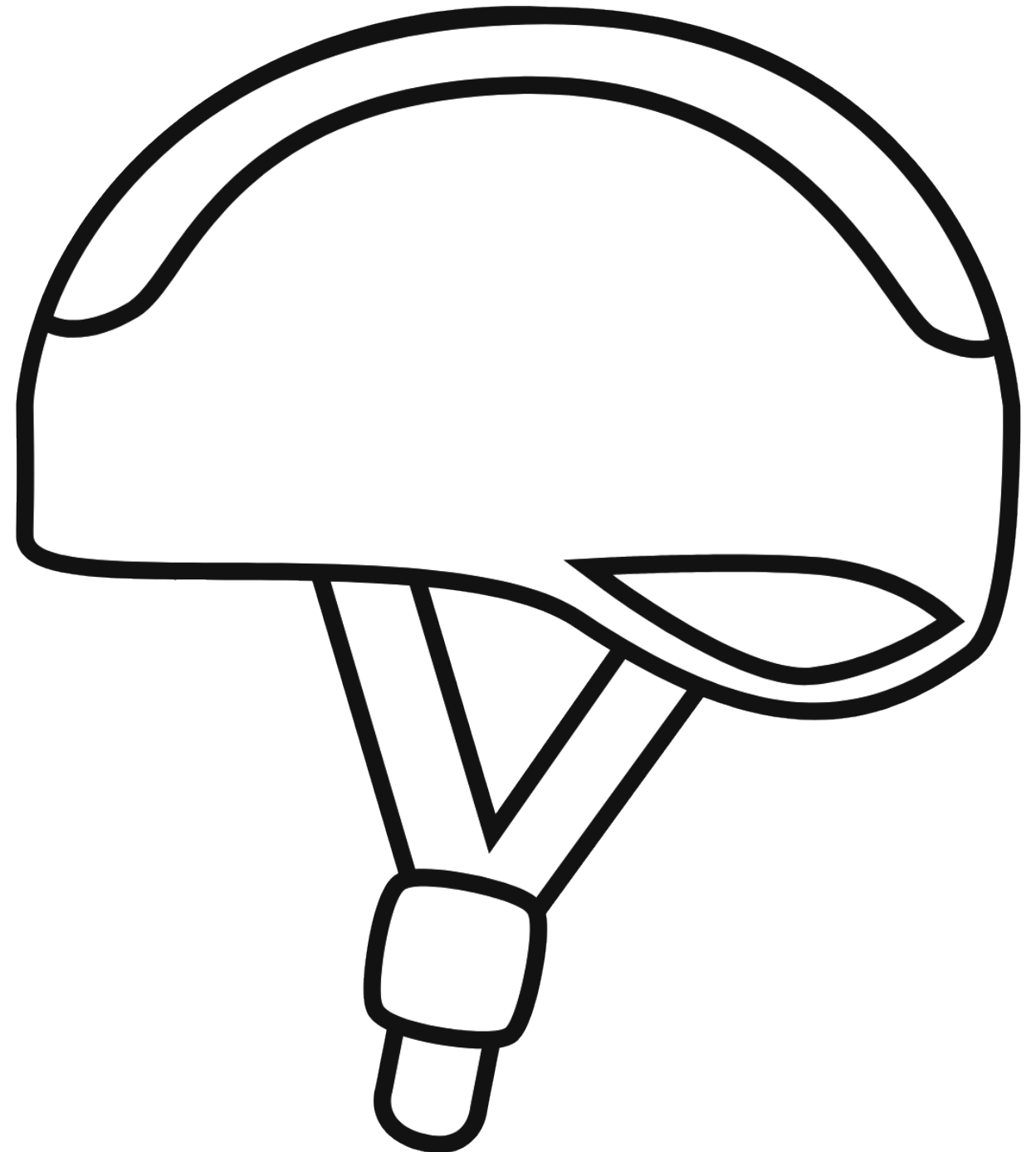


Do this activity with an adult!

WEAR A HELMET CORRECTLY!

Get your helmet and see if it's the right fit for you.

- ☐ Does your helmet cover your forehead?
- ☐ Does your helmet rest 2 finger widths above your eyebrows
- ☐ Do the straps form a "V" below your ears?
- ☐ Is the strap snug around your jaw?
- ☐ Can you open your mouth while wearing the helmet?

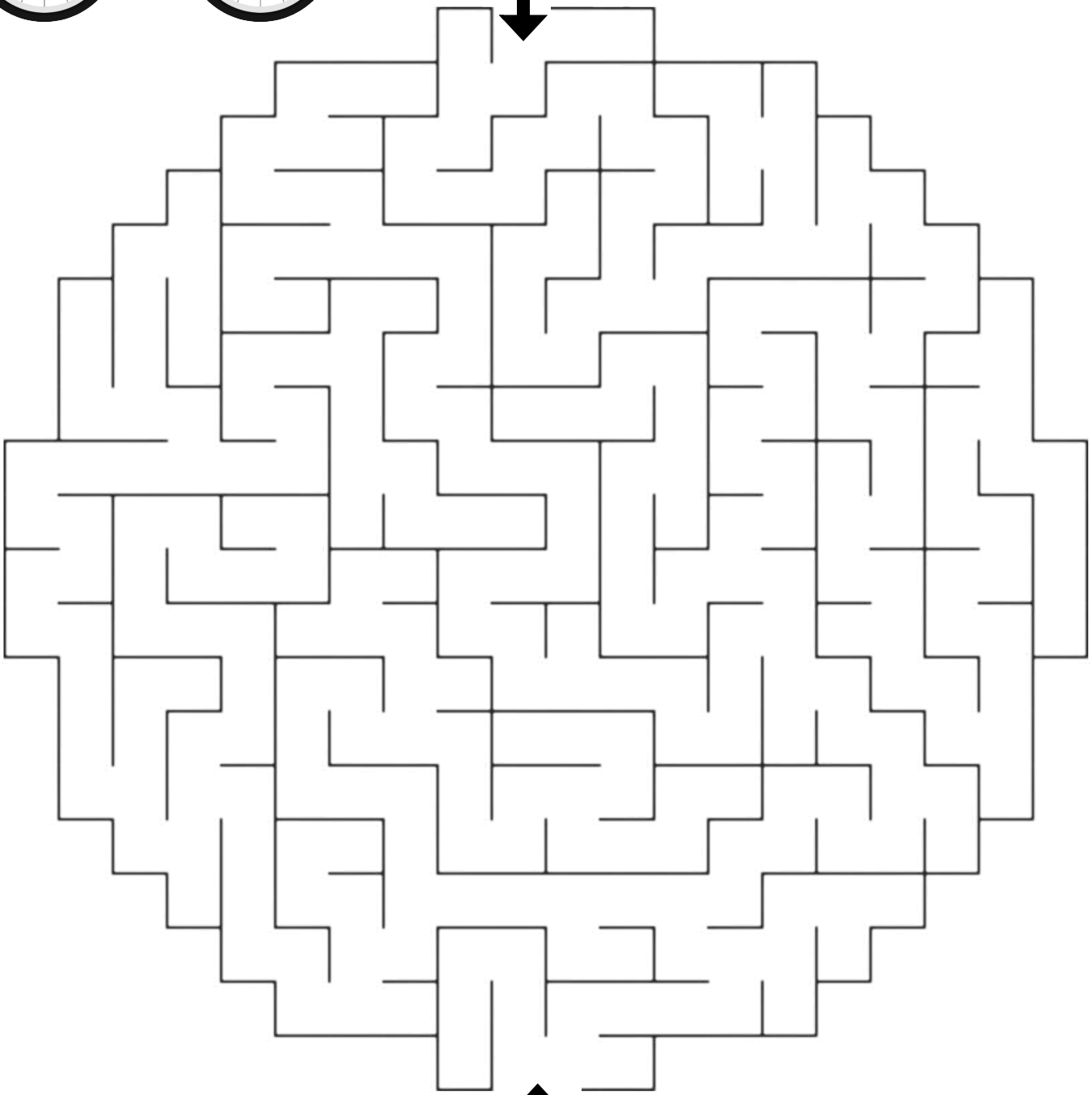


Bike and Helmet Safety



RIDE YOUR BIKE!

START HERE



GET TO THE END OF THE MAZE SAFELY!

Bike and Helmet Safety

WORD SEARCH

D	W	B	I	C	Y	C	L	E	X	Y	E
U	H	S	E	R	I	O	U	S	C	Q	W
F	E	O	L	P	R	E	V	E	N	T	H
C	L	J	B	I	S	A	F	E	T	Y	E
E	M	E	R	G	E	N	C	Y	B	J	E
Z	E	I	N	J	U	R	Y	F	S	V	L
H	T	S	U	M	M	E	R	T	L	L	S
P	B	J	L	T	H	A	Z	A	R	D	C

WORD BANK

Emergency	Safety	Hazard	Summer
Injury	Prevent	Wheels	Helmet
	Bicycle	Serious	



Buy/Sell Safety

Dangerous children's products commonly show up in garage sales, church rummage sales, online (via sites such as Craigslist), and as hand-me-downs.

When buying, selling, donating or receiving second hand items, complete this safety checklist to help keep kids safe from unsafe products.

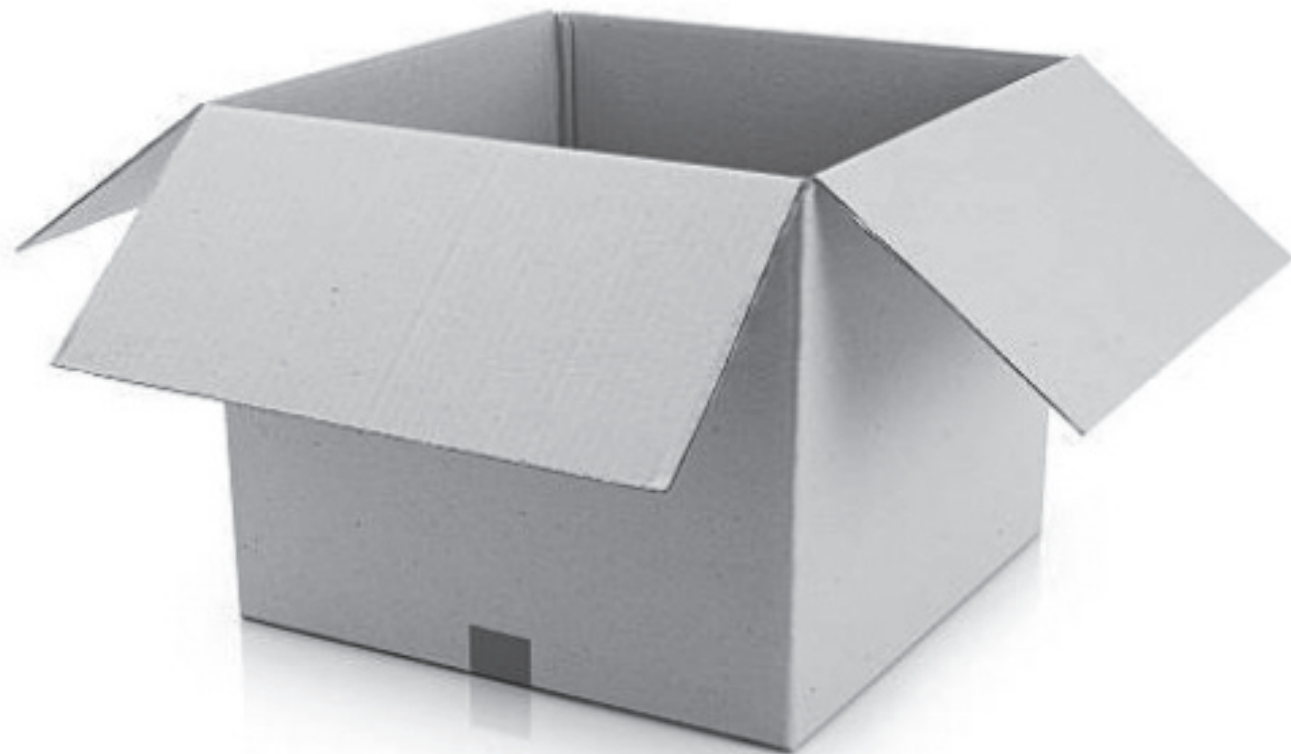
Buy/Sell Safety Checklist

- ☐ I've checked all products that I intend to buy/sell against the CPSC's list of recalled products at **CPSC.gov**.
- ☐ If I am buying or selling a crib, I made sure that it was made after June 28, 2011, and therefore meets the world's strongest safety standard. Cribs made before that date do not meet the standard and are not legal to resell.
- ☐ No items have broken or missing pieces (especially for items that need to be assembled, such as cribs).
- ☐ Baby bath seats or bath rings, baby walkers, crib bumper pads and sleep positioners are not safe to use, so I will not buy/sell them
- ☐ I have included/requested manufacturer info, instructions, and product registration cards when possible. If not, these can sometimes be found on the manufacturer's website. An online directory of manufacturer's websites for product registration is available at **KidsInDanger.org**
- ☐ Some products just shouldn't be resold, including used car seats and bike helmets, so I won't be buying/selling those.
- ☐ I made sure that children's clothing doesn't have drawstrings around the hood or neck. (If there are drawstrings, just pull them out, discard them, and the clothing is good to go!)

Action Steps & Resources

What are you selling?

FILL THE BOX UP.



Action Steps & Resources

1. **Check for product recalls** at the CPSC's website at **[cpsc.gov/recalls](https://www.cpsc.gov/recalls)**. **Car seat recalls** are found at **[nhtsa.gov](https://www.nhtsa.gov)**.
2. Submit and view **reports of unsafe children's products** at **[SaferProducts.gov](https://www.saferproducts.gov)**.
3. Sign up for **KID's Monthly Email Alert** at **[KidsInDanger.org](https://www.kidsindanger.org)** to stay informed about current safety news and recall updates.
4. **Download free educational materials** at the Publications section of KID's website at **[kidsindanger.org/publications](https://www.kidsindanger.org/publications)** to find materials in English and Spanish available for download.
5. **Follow KID on social media @kidsindanger** for up-to-date product recall alerts and safety tips.
6. **Poison Control: (800) 222-1222**



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